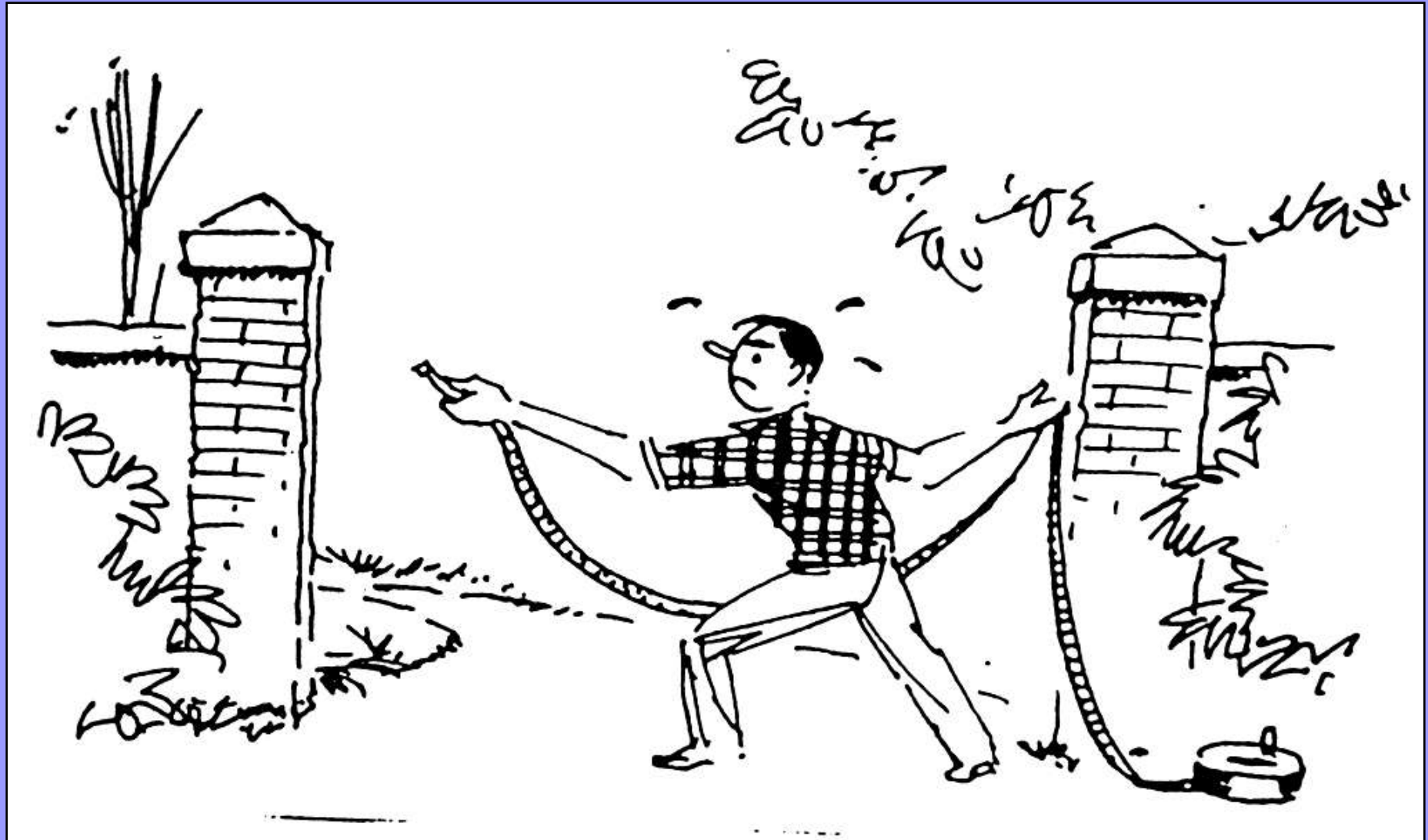




DIAGNOSIS: What precisely is
the problem?

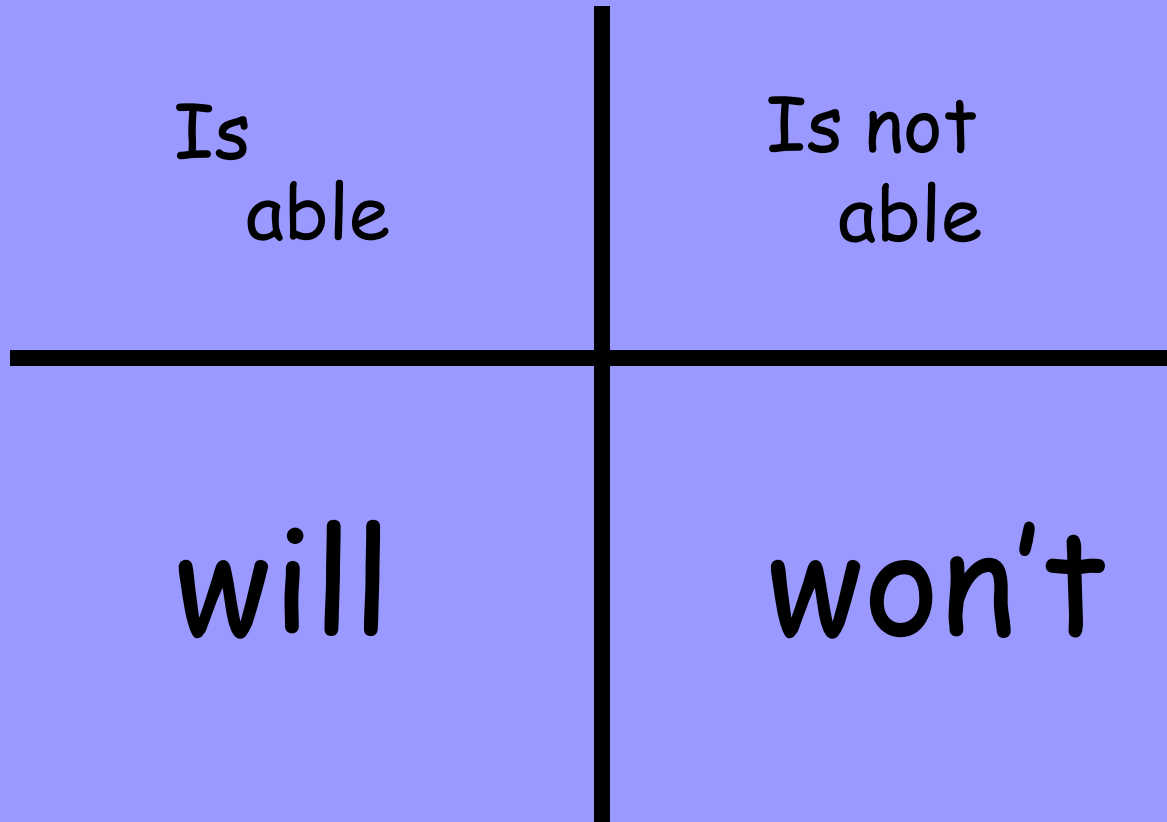
INTERVENTION: What shall we do
about it?

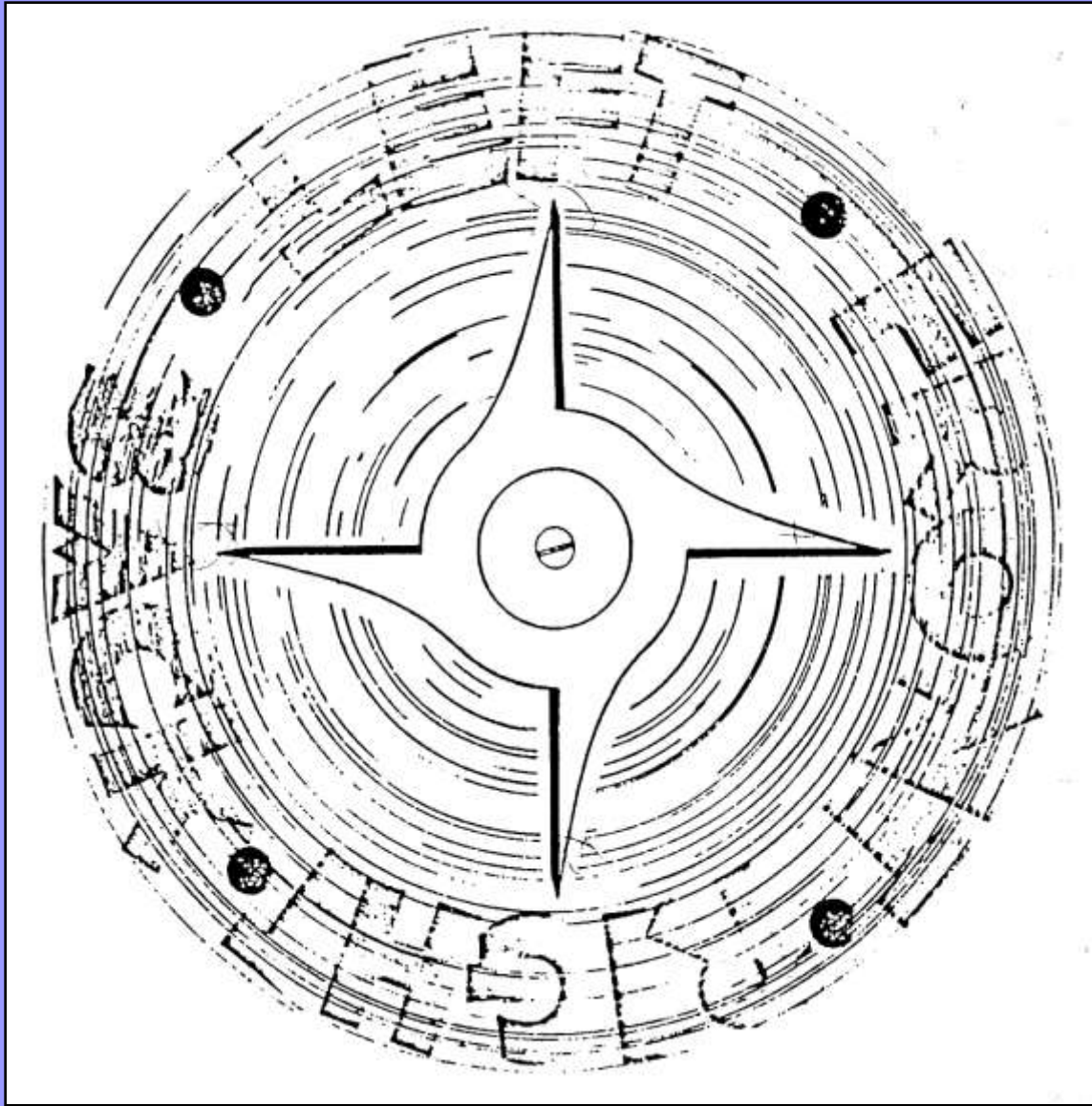






A Simple Tool







ELEMENTS OF A PLAN

1. What do I hope to see at the end?
2. What do I already know?
3. Rules?
4. How?
5. What shall I do first?
6. What next?
7. Check. Can I see what I wanted in number 1?



Judith's Ten Top Tips

For Caring Professionals

1. Using ordinary words
2. Using gentleness
3. Being flexible
4. Using real life anecdotes
5. Using ordinary 'toys'
6. Motivation – capturing and contriving
7. Noticing siblings
8. Setting up parent support
9. Removing your 'Expert' hat
10. Enjoying yourself



Judith's Ten Top Tips For Caring **Parents**

1. Labelling your own feelings
2. 'Listening' to every nuance
3. Catching the moment to capture motivation
4. Planning constantly for small steps
5. Being diligent
6. Talking with other parents
7. Noticing siblings
8. Helping others to 'see' your child's hidden needs
9. Remembering that home is a haven for everyone
10. Visualising an enjoyable future

